SAMPLE MENU

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B F S T	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE PATTY WAFFLES WITH SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ TOAST BUTTER/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ CINNAMON COFFEE CAKE MILK	CHOICE OF JUICE CHOICE OF CEREAL BREAKFAST BURRITO MILK	CHOICE OF JUICE CHOICE OF CEREAL BACON EGG:____ TOAST BUTTER/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG TOAST BUTTER/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK
A M	SHORTBREAD COOKIE BITES	MINI DONUTS FRUIT KABOBS	STRAWBERRY BANANA SMOOTHIE	FRUIT & YOGURT PARFAIT	APPLE SLICES PEANUT BUTTER	POPCORN FRESH FRUIT CUP	CHEESE STICK SEASONAL FRESH FRUIT
N O O N	SWEET & SOUR CHICKEN RICE EGG ROLL CARROTS APPLE PIE MILK	PHILLY STEAK SANDWICH FRIED POTATOES SWEET CORN SALAD BLUEBERRY KUCHEN BAR MILK	CAPRESE CHICKEN GARLIC & BASIL PASTA GREEN BEANS CAKE ROLL MILK	MEATLOAF MASHED POTATOES (FRESH) BEEF GRAVY CHALET GARLIC BUTTERED VEGETABLES BREAD/BUTTER BROWNIE MILK	BALSAMIC MUSTARD PORK LOIN RICE PILAF NORMANDY BLEND VEGETABLES OH HENRY BAR MILK	TUNA MUSHROOM CASSEROLE BUTTERED PEAS BREAD/BUTTER COOKIE MILK	ITALIAN CHICKEN BREAST BAKED SWEET POTATO VEGETABLE BLEND BREAD/BUTTER ICE CREAM MILK
P M	SUN CHIPS	POPCORN	PUDDING CUP	SUN CHIPS	CHOCOLATE CHIP GRANOLA BAR HARD COOKED EGG	FRUITED YOGURT	OATMEAL BUTTERSCOTCH BAR
E V E	PIZZA CASSEROLE VEGETABLE BLEND BANANA HALF MILK	SOUP OF THE DAY CRACKERS DELI SANDWICH POTATO CHIPS PINEAPPLE CUBES MILK	MUSHROOM & SWISS JOE POTATO WEDGES BAKED BEANS MIXED FRUIT MILK	TURKEY BACON RANCH SALAD or TURKEY SANDWICH ROLL/BUTTER or POTATO CHIPS STRAWBERRIES MILK	FRIED CHICKEN BOWL BREAD/BUTTER MANGO MILK	FISH SANDWICH POTATO WEDGES COLESLAW FRESH MELON MILK	CREAMY TOMATO SAUSAGE & TORTELLINI SOUP TOSS SALAD/ DRESSING BREADSTICK MIXED FRUIT MILK
H S	CHEESE STICK FRESH FRUIT CUP	SHORTBREAD COOKIE BITES HARD COOKED EGG	1/2 DELI SANDWICH FRESH FRUIT CUP	CHEESE & CRACKERS FRESH FRUIT CUP	COTTAGE CHEESE W/FRUIT	1/2 COLD CUT SANDWICH	PEANUT BUTTER & CRACKERS

FRONTIDA
Assisted Living

Notes: